



## INITIATIVE FOR THE PROMOTION OF RURAL HEALTH AND DEVELOPMENT

### I. Why IPROSARUDE?

One of the major health challenges in Burundi is the unequal distribution of the quality of healthcare provision across the country. The majority of health facilities and in particular those providing specialized care such as dental and eye care are located in urban zones (more than 80%) vs rural areas where such services are almost non-existent. IPROSARUDE - Initiative pour la Promotion de la Santé Rurale et le Développement - is an initiative started by a group of medical professionals to provide and increase access to quality health care services in rural Burundi

**Our vision** is that every Burundian has access to health care services.

**Our mission** is to save lives and improve rural health in general and particularly to more vulnerable peoples through access to high quality health care.

### II. Regional offices

IPROSARUDE is a local NGO striving to save human lives by bringing high quality and affordable health services to the most marginalized people living in Burundi's rural regions. We operate in 10 out of 18 provinces in Burundi. We provide preventive, curative, and specialized health services including dental care, ophtalmic care, as well as family planning and reproductive health services.

IPROSARUDE has 4 regional offices:

1. Gitega (Gitega, Mwaro and Karuzi) - **central region**,
2. Kayogoro (Rutana, Makamba and Bururi) - **southern region**
3. Bujumbura (Bujumbura , Bubanza et Cibitoke) - **western region**
4. Kayanza - **northern region**

### III. IPROSARUDE programs

#### 1. Improving Community Health

IPROSARUDE carries out diseases prevention programs through awareness raising campaigns. We use various communication channels to reach out to different communities across Burundi and we cover topics related to WASH, environmental protection to fight against global warming, malnutrition through the promotion of healthy diets adoption, to name a few. We also educate young people about sexual reproductive health.

**Per year** around **100.000 people** receive **health information**.

In collaboration with care international, **125912 young people** between **10-24 years** have received **different services** in SRH



## 2. Access to health services

IPOSARUDE operates 3 health units in 3 rural provinces of BURUNDI:

1. The Kayogoro Hope Center in the south of the country (Makamba province)
2. Hope Polyclinic in Gitega (Central Province of BURUNDI)
3. Mwaro Hope Medical Center in Mwaro Province
4. A new center will be opened soon in the north of the country (Kayanza province)

To date, IPOSARUDE has provided **333173 services** with **6747 dental care**, **124528 eye care** and **160200 in SRH**.

In 2016, IPOSARUDE was the **1<sup>st</sup> in ophthalmology services** at national level with **39,94%** (**14650/36676 services**).

## 3. Support for the promotion of sustainable development

IPOSARUDE also contributes to the achievement of Sustainable Development Goals. We work with rural communities helping them to develop agricultural projects and we provide them with livestock so that they can elevate their living standards. Moreover, they form village saving groups (VSLAs) which allow them to run small businesses. Through this program, 240 VSLAs were set up with 6480 members.

## 4. Strengthening Governance and Knowledge Management

IPOSARUDE has set up a research and development unit (RDU) composed of multidisciplinary experts.

With this program, 3 researches were done:

1. The study of knowledge, attitudes and practices among women of childbearing age on cervical cancer was launched on a sample of 206 women of reproductive age in the health district of Gitega.
2. Impact of the anthropic activities on the vegetable settlements of the National park of Rusizi in BURUNDI: case of the sector palm plantation.
3. Impact of maternal breastfeeding practices on nutritional status in children less than two years in Burundi.



## IV. Way Forward:

- ▶ Setting up a mobile clinic of maternity, dental and eye care at the national level
- ▶ Build own IPOSARUDE facilities
- ▶ Extend VSLA programs in other provinces
- ▶ Implement a solar energy pilot project in clinics
- ▶ Open a comprehensive cervical cancer care
- ▶ Improve the research and development unit
- ▶ Creation of microfinance projects
- ▶ Partnership with a potential north hospital in telemedicine
- ▶ Using an ecologic cooker
- ▶ Improve environment protection especially in hygiene
- ▶ Improve the advocacy on universal access to hepatitis B virus treatment and HPV immunization.
- ▶ Increase capacities of the health community workers to provide health services

## .. Partners: .....



Government of BURUNDI



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## .. Contact : .....

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